



Exponent®
Engineering & Scientific Consulting

Shelly Burkett, R.N., B.A.

Senior Nurse | Biomechanics

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Professional Profile

Ms. Burkett is a Registered Nurse and is responsible for reviewing and analyzing medical records and other healthcare related documentation, as well as formulating detailed medical indices and intervention timelines. Additionally, she acts as a resource regarding patient care, pain management, and healthcare administration while contributing case-specific technical support to engineers and other staff.

Prior to joining Exponent, Ms. Burkett had a progressive 30-year career in healthcare, including healthcare administration and medical record review. She has acted in direct patient care and nursing leadership roles across various specialties, including medical/surgical, neurology, trauma and orthopedics/joint/spine specialties, bariatric and gynecological oncology. She also has extensive experience in pain management including alternate treatment modalities and education. She has served on various Ethics, Quality, Patient Safety and Informatics committees. In addition, Ms. Burkett has experience in clinical research leading IRB-approved research studies.

Academic Credentials & Professional Honors

B.A., Health Services Administration, University of Illinois, 2002

Nursing Excellence Award for Exemplary Professional Practice (2014).

Licenses and Certifications

Registered Nurse, , #RN 9575275

Prior Experience

UNITED HEALTHGROUP / OPTUM INSIGHT, 02/2021 - 01/2025

Clinical Claim Review RN: Optum Insight Payment Integrity Clinical Ops

CENTURA HEALTH / ADVENTIST HEALTH SYSTEM, 04/1999 - 10/2020

Clinical Documentation Integrity Specialist: Revenue Management, Denver, CO 02/2018 -10/2020

Charge Nurse/Registered Nurse, General Surgery: Parker Adventist Hospital, 04/2007 - 02/2018

Charge Nurse/Registered Nurse: Littleton Adventist Hospital, 04/1999 - 04/2007

NATIONAL JEWISH HOSPITAL, 05/2006 - 04/2007

Clinical Research Nurse

Professional Affiliations

Academy of Medical-Surgical Nurses

Association of Clinical Documentation Integrity Specialists (ACDIS)

American Society for Pain Management Nurses